

# LEAVELL COLLEGE NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

# Abnormal Psychology PCCM4371 Term:

Professor: Cell: E-mail:

The mission of Leavell College of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

# **Core Value**

Each academic year, a core value is emphasized. This academic year, the core value is Mission Focus. We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries.

#### **Course Description**

The purpose of this course is to present a comprehensive overview of mental disorders conceptualized in terms of the individual, family, and larger social units. Major consideration is given to the recognized classification system for mental disorders. Diagnosis and treatment are the major areas of focus in this course.

#### **Student Outcomes**

At the conclusion of the semester, the student will be able to:

- 1) Gain knowledge of key terms, names, and concepts of abnormal psychology.
- 2) Acquire a basic knowledge of the DSM 5 classification system.
- 3) Students will learn the primary diagnostic criteria for the major mental disorders
- 4) Students will be presented and acquire a general knowledge of the primary treatment options for the major mental disorders.

# **Course Texts**

Durand V. Mark and David H. Barlow. *Essentials of Abnormal Psychology*, 7<sup>th</sup> ed. Boston: Cengage Learning, 2016.

Access to DVD/Video: "A Beautiful Mind" with Russell Crowe and Jennifer Connelly directed by Ron Howard.

### **Course Requirements and Grading**

#### A. Quizzes 700 points

Quiz #1 (Chapter 1) 100 points

Quiz #2 (Chapter 4) 100 points

Quiz #3 (Chapter 5) 100 points

Quiz #4 (Chapter 7) 100 points

Quiz #5 (Chapter 8) 100 points

Quiz #6 (Chapter 9) 100 points

Quiz #7 (Chapter 13) 100 points

#### **B. Discussion Board 120 points**

Discussion Board #1 (Unit 1) 20 pts.

Discussion Board #2 (Unit II) 20 pts.

Discussion Board #3 (Unit IV) 20 pts.

Discussion Board #4 (Unit VI) 20 pts.

Discussion Board #5 (Unit IX) 20 pts.

Discussion Board #6 (Unit XII) 20 points

#### C. Assignments 880 points

Video Write Up: Psychiatric Hospital (Unit 2) 40 points.

Write Up: Assessment of Somatotype Theory of Body Types and Personalities Questionnaire (Unit 3) 40 pts.

Video Write Up: Assessment of a Person for Psychological Disorders (Unit 3) 60 pts.

Video Write Up: Case Study-Anxiety (Unit 4) 50 points

Video Write Up: Case Study-Somatisation (Unit 5) 50 points

Video Write Up: Case Study-Depression (Unit 6) 50 points

Video Write Up: Case Study-Mania (Unit 6) 50 points

Write Up: Stress (Unit 7) 50 points

Video Write Up: Case Study-Anorexia Nervosa (Unit 8) 50 points

Video Write Up: Case Study Heroin Addiction (Unit 10) 50 points

Video Write Up: Case Study Nicotine Addiction (Unit 10) 50 points

Video Write Up: Case Study Alcohol Addiction (Unit 10) 50 points

Write Up: Personality Disorder Quiz and Insight (Unit 11) 50 points

Write Up: Movie "A Beautiful Mind" (Schizophrenia) (Unit 12) 50 points

Video Write Up: Case Study: Autism (Unit 13) 50 points

Final: Interview (Unit 14) 140 points

**Total Grade Points = 1,700 pts.** 

Grading Scale	
1,565-1,700points	A 93-100
1,429 – 1,564 points	B 85-92
1,293-1,428 points	C 77-84
1,174-1,292 points	D70-76
1,173 points or below	Failing

# **Discussion Board Rubric:**

Discussion Board Original Post: 10 points	After reading and doing the assignments needed for the Discussion Board, create an Original Post that is at least two substantial paragraphs in response to the questions or activities given in each unit. Make sure all questions asked are covered in your Original Post. Check your spelling!	Due Thurs. midnight of the week of the assignment.
Discussion Board Responses: 5 points for each response 5 x 2 = 10 points	Respond to at least <u>two</u> of your classmate's Original Posts with substantial comments or to the professor's comments.	Due by Sunday 11:55 p.m. ** Last week of class for the term respond by Friday 11:55 p.m. Any post made after Sunday at 11:55 pm will be LATE and <u>NO</u> <u>POINTS GIVEN</u>

# Course Outline (D&B) Duran and Barlow

Dates	Unit	Readings	Assignments
	Unit 1 Abnormal	D&B: Chapter 1	Discussion Board (20 pts.)
	Behavior in	Power Point: Chapter 1	Chapter 1 Quiz (100 pts.)
	Historical Context	_	
	Unit 2 An	D&B:Chapter 2	<b>Discussion Board</b> (20 pts.)
	Integrative	Power Point: Chapter 2	Video Write Up: (40 pts.)
	Approach to		https://www.youtube.com/watch?v=LWxI76
	Psychopathology		MOAOA
			By Leah Kirby "My Experience at a Mental
			Hospital" (Approximately 10 minutes)
	Unit 3 Clinical	D&B – Chapter 3	Write Up (40 pts.): Assessment of
	Asssessment,	Power Point: Chapter 3	Somatotype Theory of Body Types and
	Diagnosis, and		Personalities Questionnaire.
	Reearch in		Write Up (60 pts.): Assessment of a Person for
	Psychopathology		Psychological Disorders.
	Unit 4 Anxiety,	Duran and Barlow –	Video Write Up Case Study: Anxiety (50

Trauma and Stressor Related, and Obsessive- Compulsive and	Chapter 4 Power Point: Chapter 4	pts.) Discussion Board (20 pts.) Chapter 4 Quiz (100 pts.)
Related DisordersUnit 5 SomaticSymptom andRelated Disordersand Dissociative	Duran and Barlow – Chapter 5 Power Point: Chapter 5	Video Write Up Case Study: Somatisation (50 pts.) Chapter 5 Quiz (100 pts.)
Disorders Unit 6 Mood Disorders and Suicide	Duran and Barlow – Chapter 6 Power Point: Chapter 6	Video Write Up Case Study: Depression (50 pts.) Video Write Up Case Study: Mania (50 pts.) Discussion Board: (20 points)
Unit 7 Physical Disorders and Health Psychology	Duran and Barlow – Chapter 7 Power Point: Chapter 7	Write Up: Stress (50 pts.) Chapter 7 Quiz (100 points)
Unit 8 Eating and sleep-Wake Disorders	Duran and Barlow – Chapter 8 Power Point: Chapter 8	Chapter 8 Quiz (100 points) Video Write Up Case Study: Anorexia Nervosa (50 points)
Unit 9 Sexual Dysfunctions, Paraphilic Disorders and Geneder Dysphoria	Duran and Barlow – Chapter 9 Power Point: Chapter 9	Discussion Board (20 points) Chapter 9 Quiz (100 points)
Unit 10 Substance- Related, Addictive, and Impulse-Control Disorders	Duran and Barlow – Chapter 10 Power Point: Chapter 10	Video Write Up: Case Study: Heroin Addiction (50 points) Video Write Up: Case Study:Nicotine Addiction (50 points) Video Write Up: Case Study: Alcohol Addiction (50 points)
Unit 11 Personality Disorders	Duran and Barlow – Chapter 11 Power Point: Chapter 11	Write Up: Personality Disorder Quiz and Insights (50 points)
Unit 12 Schizophrenia Spectrum and Other Psychotic Disorders	Duran and Barlow – Chapter 12 Power Point: Chapter 12 Movie "A Beautiful Mind"	Movie Write Up-"A Beautiful Mind" (50 points) Discussion Board: (20 points)
Unit 13 Neurodevelopmental and Neurocognitive Disorders	Duran and Barlow – Chapter 13 Power Point: Chapter 13	Video Write Up: (50 points) Chapter 13 Quiz (100 points)
Unit 14 Mental health Services	Duran and Barlow – Chapter 14 Power Point: Chapter 14	Write Up: Interview (140 points)

#### **Additional Course Information**

Late Submission Penalty: There will be a 10% deduction in points from the assignment per week that an assignment is late. For example if an assignment is worth 100 points, then 10 points will be taken off each week the assignment is not turned in. All assignments will be submitted by uploading it on Blackboard.

Late Submission Policy for Discussion Board: No points will be given for late Discussion Board assignments after the final day of the discussion for that particular week. If you have not responded by Sunday at 11:55 p.m.(or the date that is given) you forfeit your opportunity to get points for the Discussion Board for that week. One point per day is taken off for late Original Posts.

#### Attendance

Class attendance is essential for effective learning. Students who do not attend online class are subject to fail the class.

**Netiquette**: Appropriate Online Behavior. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Academic Integrity: Each student is responsible for the academic integrity of his/her work. The following are violations of academic integrity: plagiarism, turning in work done by someone else, submitting a paper which has been submitted for another course, and cheating on a quiz or exam. These and other violations of academic integrity may result in a failure of the course. For this course quizzes are closed book and no notes are to be used. You will be on you honor to follow this.

#### **Technical Support Information for online classes**

Need technical assistance? Contact the ITC today!

<u>Selfserve@nobts.edu</u> - Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)

<u>BlackboardHelpDesk@nobts.edu</u> - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System <u>NOBTS.Blackboard.com</u>.

ITCSupport@nobts.edu - Email for general technical questions/support requests.

**504.816.8180** - Call for any technical questions/support requests.

www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.

#### **Selected Bibliography**

# Abnormal Psychology and Mental Health

Halgin, Richard P. and Susan Krawss Whitbourne. *Abnormal Psychology: The Human Experience of Psychological Disorders*. Madison, WI: Brown and Bencmark, 1997.

Johnson, W. Brad and William L. Johnson. *The Pastor's Guide to Psychological Disorders and Treatments*. NY: Hayworth Press, 2000.

Lang, R.D. *The Divided Self: An Existential Study in Sanity and Madness*. London, England, Penguin Books, 1990.

Lehr, Fred. *Clergy Burnout, Recovering from the 70-Hour Week and Other Self-Defeating Practices.* Minneapolis, MN, Fortress Press, 2006.

Oates, Wayne E. Behind the Mask: Personality Disorders in Religious Behavior. Louisville, KY: Westminster Press, 1987

Oates, Wayne E. The Religious Care of the Psychiatric Patient. Louisville, KY: Westminster Press, 1978.

Parrott, Les. High-Maintenance Relationships. Wheaton, IL, Tyndale House, 1996.

Roukema, Richard W. The Soul in Distress: What Every Pastoral Counselor Should Know About Emotional and Mental Illness. NY, NY: Haworth Press, 1997

# **Anxiety Disorders**

Sheehan, David V. The Anxiety Disease. Toronto: Bantam Books, 1986.

# **Attention Deficit Disorder**

Whiteman, Thomas A. and Michele Novotni. Adult ADD. Colorado Springs, CO: Pinon, 1995.

#### Depression

Stone, Howard W. Depression and Hope, New Insights for Pastoral Counseling. Minneapolis, MN: Fortress Press, 1998.

Burns, David D. Feeling Good: The New Mood Therapy. New York: New American Library, 1980.

# **Dissociative Identity Disorder**

Haddock, Deborah Bray. Dissociative Identity Disorder Sourcebook. Chicago, IL: Contemporary Books, 2001,

# **Eating Disorders**

Vredevelt, Pan, Deborah Newman, Harry Beverly and Frank Minirith. *The Thin Disguise: Understanding and Overcoming Anorexia and Bulimia*. Nashville, TN, Thomas Nelson, 1992.

Zraly, Kathleen and David Swift. *Overcoming Eating Disorders: Recovery from Anorexia, Bulimia, and Compulsive Overeating*. New York, NY: Crossroads, 1992.

# Schizophrenia

Laing, R.D. The Divided Self. New York, NY: Penguin Books, (first pub. 1960)

North, Carol Welcome Silence, My Triumph Over Schizophrenia. NY: Avon Books, 1989.

Torrey, E. Fuller Surviving Schizophrenia: A Manual for Families, Consumers and Providers. NY, Harper Collins, 2001.

# Physical, Emotional, and Sexual Abuse

Allender, Dan B. *The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse*. Colorado Springs, CO: NavPress, 1990.

Alsdurf, James and Phyllis Alsdurf. *Battered into Submission: The Tragedy of Wife Abuse in the Christian Home*. Downers Grove, IL: InterVarsity Press, 1989.

Heitritter, Lynn and Jeanette Vought. *Helping Victims of Sexual Abuse: A Sensitive, Biblical Guide for Counselors, Victims and Families.* Minneapolis, MN: Bethany House Publishers, 1989.

Langberg, Diane Mandt. Counseling Survivors of Sexual Abuse. Wheaton, IL: Tyndale House Publishers, 1997.

# Addictions

May, Gerald, *Addiction and Grace: Love and Spirituality in the Healing of Addictions*. San Francisco, CA: Harpers, 1988.

Miller, J. Keith *The Secret Life of the Soul Life's Most Intimate Adventures*. Nashville, TN: Broadman and Holman, 1997.

Welch, Edward T. *Addictions: A Banquet in the Grave, Finding Hope in the Power of the Gospel.* Phillipsburg, NJ: R and R Publishing, 2001

# Alcoholism

Johnson, Vernon E. I'll Quit Tomorrow: A Practical Guide to Alcoholism Treatment. NY: Harper Collins, 1980

Potter-Efron, Ronald T. Shame, Guilt, and Alcoholism: Treatment Issues in Clinical Practice, 1989.

Woititz, Janet Geringer. Adult Children of Alcoholics Health Communications, 1983.

# Gambling

Jantz, Gregory. Turning the Tables on Gambling Colorado Springs, CO: Shaw Books, 2001